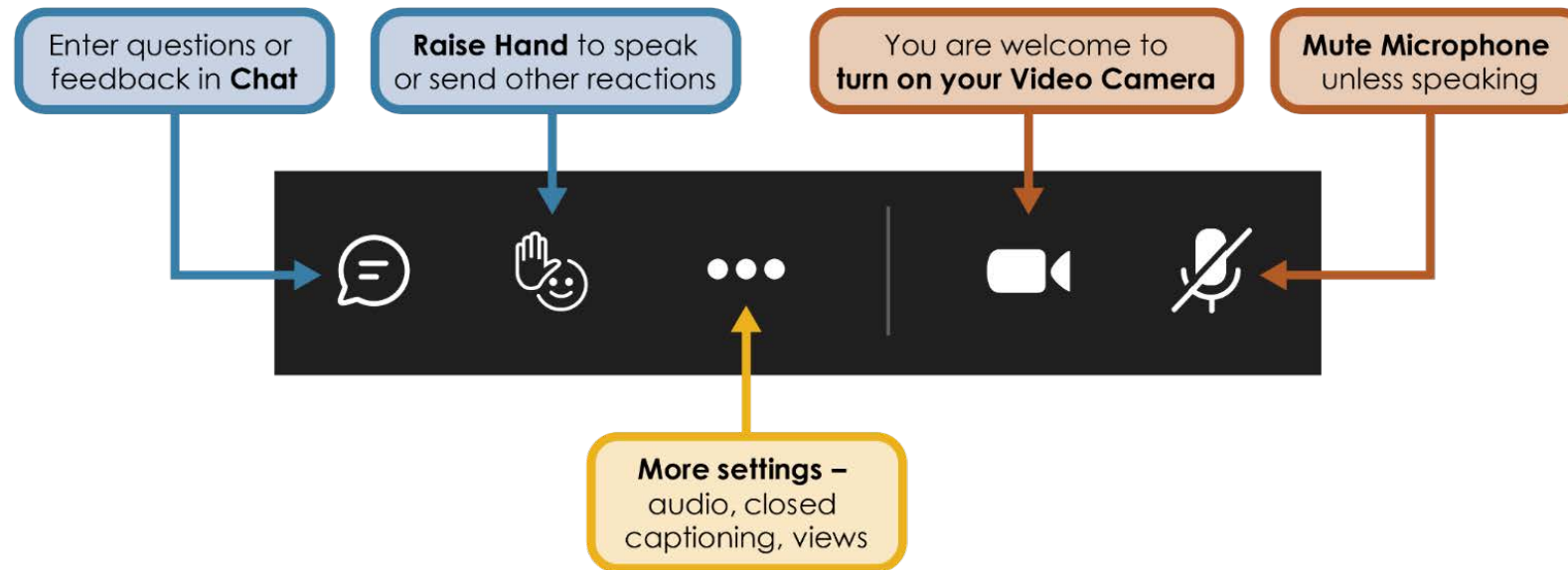




Advanced Practice and Pain Management Rule

Jessilyn Dagum, Policy Analyst

Zoom Features We Will Use Today



Meeting Reminders

- Be mindful and respectful of all those in attendance.
- Please raise your hand to speak and staff will call on you to share.
 - State your name before speaking.
 - Speak clearly and audibly.
 - Keep your mic muted unless asked to share.
- Please be mindful of the time and allow others the opportunity to speak.
- Please stay on topic: Advanced Practice and Pain Management Rule

Agenda

House Keeping

Overview of Rules Process/Proposed
Timelines

Discussion Questions

Next Steps

Close Workshop

What is a rule?

A rule, or regulation, is a written requirement that applies broadly across a group of individuals or entities that enables, guides, or directs them to do something, or prohibits them from doing something. Specifically, a rule:

- establishes or subjects individuals or entities to penalties if it is violated; or
- is a qualification or requirement that gives a benefit or privilege; or
- sets qualifications or standards that an individual or entity must meet to
- get a license or permit; or
- sets standards that must be met before a product or material can be sold.

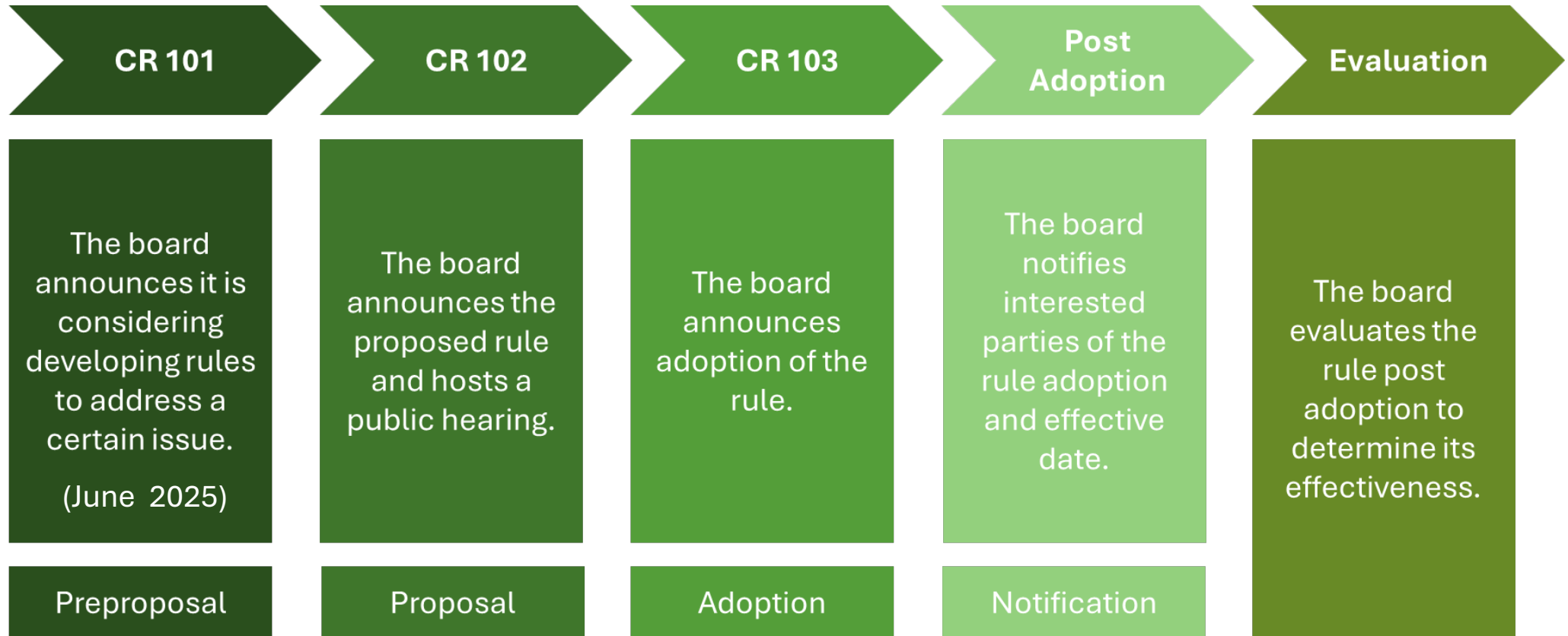
Washington State: Laws vs Rules

- Rules implement, or put into effect, laws.
- Rules are also necessary to clarify laws.
- Rules have the same effect as laws when a state agency follows the legal process.
- Statutory authority is given to agencies, boards, and commissions by the Washington State Legislature through the RCW.
- The Board of Nursing **can not** change laws and must have the authority to adopt or change rules.
- The Board of Nursing adopts rules as found in the WAC according to laws passed by the Washington State legislature.

What is rulemaking?

- Rulemaking is the process the Washington State Board of Nursing (WABON) uses when it proposes to create, change, or delete rules in order to protect public health.
- WABON invites the public to engage in rulemaking in various ways with the intent that rules that affect Washingtonians are created, changed, or removed in an equitable way.
- WABON's rules can be found in Chapter 246-840 and 246-841A WAC

Rulemaking Process



Background

The rulemaking we are discussing today pertains to the advanced practice and pain management rules. The CR-101 for this rulemaking was filed under WSR 25-15-033 on July 8, 2025.

Amends: WAC 246-840-010 and 246-840-300 through 246-840-4990 to:

- clarify advanced practice licensure requirements
- align standards with national best practices
- update prescriptive authority provisions
- address other related objectives.

This rulemaking is Phase 2 of the board's review of chapter 246-840 WAC, conducted in accordance with the board's five-year formal rule review process under RCW 43.70.041.

The overall goal of this review is to clarify and update outdated language, rewrite and reformat existing rules to reflect current best practices, and restructure sections as necessary.



Proposed Rule Development Timeline (Tentative)

- July 2025 – CR101 Filed
- August 2025 – Interested Party Work Begins (workshops and drafts)
- January 2026 – Board Review of Draft Proposed Rule and CR-102
- February 2026 – CR102 Filed
- March 2026 – Public Rule Hearing
- April 2026 – CR103 Filed
- May 2026 – Rule Effective



Guidance/Recommendations from APSC

- Prescriptive Authority: Opt-out vs. Opt-in
- Clinical Practice Hour Requirement
- List of Approved Certification Examinations and Certifying Bodies
- Clarifying Requirements for RN and ARNP Continuing Education Requirements and English Proficiency Exam
- Condense Pain Management Rules

Discussion Questions

Discussion Questions

- What challenges or barriers have you experienced with the current language?
- Are there terms or sections that are unclear or outdated?
- How could these rules be more reflective of current practice?
- Are there areas where alignment with national norms or expectations is lacking?

Next Steps

Next Rule Workshop:

Wednesday, September 3, 2025 Via Zoom

Questions? Email WABONRules@doh.wa.gov or visit our website:
<https://nursing.wa.gov/laws-rules-and-statements/rules/rules-progress>