



**Nursing Care Quality Assurance Commission (NCQAC)  
Advanced Practice Subcommittee Meeting Agenda  
February 15, 2023 7:00 p.m. to 8:00 p.m.**

**Join the Meeting**  
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United States: +1 (253) 205-0468

Meeting ID: 828 7004 9914

Passcode: 700935

**Committee Members:**

Jonathan Alvarado, ARNP, CRNA, Chair  
Emerisse Shen, MSN, CNP, FNP, ARNP  
Laurie Soine, PhD, ARNP  
Shannon Fitzgerald, MSN, ARNP  
Lindsey Frank, CD, OB-RNC, ARNP, CNM  
Megan Kilpatrick, MSN, ARNP-CNS, AOCNS  
Wendy E. Murchie, DNP, CPNP-AC  
Bianca Reis, DNP, MBA, ARNP, PMHNP-BC  
Tatiana Sadak, PhD, ARNP, RN, GSAF, FAAN  
Kimberley A. Veilleux, DNP, RN, ANP-BC

**Staff:**

Mary Sue Gorski, PhD, RN, Director, Advanced Practice and Research  
Lohitvenkatesh Oswal, Research Assistant

If you have questions regarding the agenda, please call the Nursing Care Quality Assurance Commission (NCQAC) office at (360) 236-4744. Agenda items may be presented in a different order. If you wish to attend the meeting for a single item, contact our office at the number listed above and request a specific time scheduled for that item. If you have limited English language expertise call (360) 236-4744 before **February 8, 2023**.

This meeting is accessible to persons with disabilities. Special aids and services can be made available upon advance request. Advance request for special aids and services must be made no later than **February 8, 2023**. If you need assistance with special needs and services, please leave a message with your request at 1-800-525-0127 or, if calling from outside Washington State, call 360-236-4052. TDD may also be accessed by calling the TDD relay service at 711. If you need assistance due to a speech disability, Speech-to-Speech provides human voicers for people with difficulty being understood. The Washington State Speech to Speech toll free access number is 1-877-833-6341.

This meeting will be digitally recorded to assist in the production of accurate minutes. All recordings are public record. The minutes of this meeting will be posted on our website after they have been approved at the **March 2023** NCQAC meeting. For a copy of the actual recording, please contact the Public Disclosure Records Center (PDRC) at [PDRC@doh.wa.gov](mailto:PDRC@doh.wa.gov).

If attending remotely, please mute your connection in order to minimize background noise during the meeting. Comments from the public will be taken at the end of the meeting. Use the question box on the meeting control panel to submit questions.

To request this document in another format, call 1-800-525-0127.

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- I. 7:00 PM Opening – Jonathan Alvarado, Chair**  
**Call to order**
- Introduction
  - Public Disclosure Statement
  - Roll Call
- II. Standing Agenda Items**
- Announcements/Hot Topic/NCQAC Business Meeting Updates
  - Review of Advanced Practice Draft Minutes: January 18, 2023
- III. Old Business**
- Review Work Plan – do we need to reorder priorities? (Mary Sue)
  - Legislative Decision Package Updates– APRN Title Protection
  - Anesthesia Assistant program testimony (Jonathan)
- IV. New Business**
- Procedure updates; Death certificates, Pain management specialist (Mary Sue)
- V. Ending Items**
- Public Comment
  - Review of Actions
  - Meeting Evaluation – All
  - Date of Next Meeting – March 15, 2022
  - Adjournment – 8:00 PM or Earlier if Business is Finished



**Nursing Care Quality Assurance Commission (NCQAC)  
Advanced Practice Subcommittee Meeting Minutes  
January 18, 2023**

**Subcommittee  
Members:**

Jonathan Alvarado, ARNP, CRNA, Chair  
Emerisse Shen, MSN, CNP, FNP, ARNP  
Megan Kilpatrick, MSN, ARNP-CNS, AOCNS  
Bianca Reis, DNP, MBA, ARNP, PMHNP-BC  
Kimberley A. Veilleux, DNP, RN, ANP-BC  
Laurie Soine, PhD, ARNP  
Wendy E. Murchie, DNP, CPNP-AC

**Absent:**

Tatiana Sadak, PhD, ARNP, RN, GSAF, FAAN  
Shannon Fitzgerald, MSN, ARNP  
Lindsey Frank, CD, OB-RNC, ARNP, CNM

**Staff Present:**

Mary Sue Gorski, PhD, RN, Director, Advanced Practice and Research  
Lohitvenkatesh Oswal, Research Assistant

**I. 7:00 PM Opening – Jonathan Alvarado, Chair  
Call to Order**

- Jonathan Alvarado called the meeting to order at 7:00 PM. The Advanced Practice Subcommittee members and support staff were introduced. The Public Disclosure Statement was read aloud for the meeting attendees.

**II. Standing Agenda Items**

- Announcements/Hot Topic/NCQAC Business Meeting Updates
  - Mary Sue Gorski discussed hot topic on the Dobbs decision.
  - Jonathan Alvarado discussed hot topic on bill on Anesthesia Assistants.
- Review of Advanced Practice Draft Minutes: November 16, 2022
  - Reviewed, with consensus to bring to the March 10, 2023, NCQAC business meeting for approval.

**III. Old Business**

- Review Work Plan – Mary Sue reviewed work plan.
- Legislative Decision Package – APRN Title Protection
  - Mary Sue gave an update on the APRN Title Protection legislative decision package.

**IV. New Business**

- None

**V. Ending Items**

- Public Comment
  - The public was given the opportunity to comment on the agenda items.
- Review of Actions
- Meeting Evaluation – All
- Date of Next Meeting – February 15, 2023

- Adjournment – The meeting adjourned at 7:23 PM.

DRAFT

<b>Advanced Practice Subcommittee Work Plan</b>				
<b>Strategic Action Goals</b>	<b>Lead (s)</b>	<b>Type</b>	<b>Progress</b>	<b>Complete</b>
<b>Immediate Goals</b>				
1. Draft Work Plan and Annual Report	Staff/All	Administrative	The APSC and staff will create a work plan and annual report	
2. Advanced Practice information on New Website	Staff/All	Administrative	APSC review advanced practice information on the new website to make sure it is current and up to date.	
3. Advanced Practice Communication	Staff/Chair	Administrative	Review what type of communication should be sent out to ARNPs in Washington State. <ul style="list-style-type: none"> <li>• Licensing Welcome Message</li> <li>• Reminder about National Certification</li> <li>• Etc.</li> </ul>	
<b>Short Term Goals</b>				
4. Review Membership & Plan for Leadership Transition	All	Administrative	Consider representation from each of four roles <ul style="list-style-type: none"> <li>• Nurse Practitioner (NP)</li> <li>• Certified Nurse-midwife (CNM)</li> <li>• Certified Registered Nurse Anesthetist (CRNA)</li> <li>• Clinical Nurse Specialist (CNS)</li> </ul>	
<b>Mid-Term Goals</b>				
5. Advisory Opinion on Opening a Business	Staff/All	Subcommittee Review	Develop draft advisory opinion	
6. Acupuncture Advisory Opinion	Staff/All	Subcommittee Review	Develop draft advisory opinion	
7. CRNA Anesthesia Assistant Questions	Staff/All	Subcommittee Review	Identify what questions there are and determine if a FAQ or advisory opinion needs to be developed.	
8. Title Protection APRN	Staff/All	Subcommittee Review	RCW change needed, recommendation from APSC to Commission in November for approval to start the process with goal of leg session 2024.	
<b>Long-Term Goals</b>				
9. ARNP Rules	Staff/All	Subcommittee Review	The APSC is working on a few rule sets. Once those are completed an entire review of ARNP rules is needed.	
10. Cannabis Continuing Education Rules	Staff/All	Subcommittee Review	Rule work	<b>CNE developed by contractor and approved by the Commission as meeting the rule.</b>

## **Nursing Care Quality Assurance Commission**

### **MOTION Form**

3/10/2023

#### **Purpose/Background if from a subcommittee:**

The proposed amendments to WAC 246-840-463 and 246-840-4659 create permanent rules from NCIS-2.00 Application of WAC 246-840-4659 to Nursing Homes and Long-Term Acute Care Hospitals. These amendments will clarify that the pain management rules (WAC 246-840-460 through 246-840-4990) that apply to the treatment of patients by licensed practical nurses, registered nurses, and advanced registered nurse practitioners also extend to patients admitted under hospital orders to Nursing Homes licensed under RCW 18.51 or Chapter 388-97 WAC ("Nursing Homes") and long-term acute care hospitals (LTACs) as outlined in WAC 182-550-2565. The amendments will also clarify that a discharge facility's history and physical may be considered an appropriate history and physical under WAC 246-840-4659 to allow timely prescribing of needed medications for acute non-operative pain or acute perioperative pain.

#### **MOTION**

The Advanced Practice Subcommittee moves to approve the draft proposed changes to WAC 246-840-463 and 246-840-4659 and move forward with the filing of CR-102.

**Moved by:** Advanced Practice Subcommittee

**Second by:** [Click here to enter text.](#)

#### **Amendment**

[Click here to enter text.](#)

**Moved by:** [Click here to enter text.](#)

**Second by:** [Click here to enter text.](#)

#### **Vote**

**In favor:** [Click here to enter text.](#)

**Opposed:** [Click here to enter text.](#)

**Abstention:** [Click here to enter text.](#)

AMENDATORY SECTION (Amending WSR 18-20-086, filed 10/1/18, effective 11/1/18)

**WAC 246-840-463 Exclusions.** WAC 246-840-460 through 246-840-4990 do not apply to:

- (1) The treatment of patients with cancer-related pain;
- (2) The provision of palliative, hospice, or other end-of-life care;
- (3) The treatment of inpatient hospital patients; or
- (4) Procedural premedications.
- (5) The treatment of patients in nursing homes licensed under chapter 18.51 RCW or 388-97 WAC, nursing homes and long-term acute care hospitals (LTACs).

AMENDATORY SECTION (Amending WSR 18-20-086, filed 10/1/18, effective 11/1/18)

**WAC 246-840-4659 Patient evaluation and patient record—Acute.** Prior to prescribing an opioid for acute nonoperative pain or acute perioperative pain, the advanced registered nurse practitioner shall:

(1) Conduct and document an appropriate history and physical examination including screening for risk factors for overdose and severe postoperative pain; or

(2) Consider the discharge facility's history and physical examination an appropriate history and physical examination to allow timely prescribing of needed medications for acute nonoperative pain or acute perioperative pain in nursing homes licensed under chapter 18.51 RCW or 388-97 WAC, nursing homes and long-term acute care hospitals (LTACs);

(3) Evaluate the nature and intensity of the pain or anticipated pain following surgery; and

~~((+3+))~~ (4) Inquire about any other medications the patient is prescribed or is taking including type, dosage, and quantity prescribed.



## **RCW 18.79.030**

### **Licenses required—Titles.**

(1) It is unlawful for a person to practice or to offer to practice as a registered nurse in this state unless that person has been licensed under this chapter. A person who holds a license to practice as a registered nurse in this state may use the titles "registered nurse" and "nurse" and the abbreviation "R.N." No other person may assume those titles or use the abbreviation or any other words, letters, signs, or figures to indicate that the person using them is a registered nurse.

(2) It is unlawful for a person to practice or to offer to practice as an advanced registered nurse practitioner, **advanced practice registered nurse** or as a nurse practitioner in this state unless that person has been licensed under this chapter. A person who holds a license to practice as an advanced registered nurse practitioner in this state may use the titles "advanced registered nurse practitioner," **"advanced practice registered nurse"**, "nurse practitioner," and "nurse" and the abbreviations "A.R.N.P." **"A.P.R.N."** and "N.P." No other person may assume those titles or use those abbreviations or any other words, letters, signs, or figures to indicate that the person using them is an advanced registered nurse practitioner, advanced practice registered nurse or nurse practitioner. **The current preferred professional title nationwide is "advanced practice registered nurse" or "A.P.R.N."** Any other reference in law to "advanced registered nurse practitioner" or "A.R.N.P." remains valid and equivalent to an "advanced practice registered nurse" or **"A.P.R.N."**

(3) It is unlawful for a person to practice or to offer to practice as a licensed practical nurse in this state unless that person has been licensed under this chapter. A person who holds a license to practice as a licensed practical nurse in this state may use the titles "licensed practical nurse" and "nurse" and the abbreviation "L.P.N." No other person may assume those titles or use that abbreviation or any other words, letters, signs, or figures to indicate that the person using them is a licensed practical nurse.

(4) Nothing in this section shall prohibit a person listed as a Christian Science nurse in the Christian Science Journal published by the Christian Science Publishing Society, Boston, Massachusetts, from using the title "Christian Science nurse," so long as such person does not hold himself or herself out as a registered nurse, advanced registered nurse practitioner, nurse practitioner, or licensed practical nurse, unless otherwise authorized by law to do so.