DEPARTMENT OF HEALTH NURSING CARE QUALITY ASSURANCE COMMISSION PROCEDURE

Title:	Substance Use Evaluation and Treatment S	ervices N	Number:	W34.01
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Reference:	RCW 18.130.160			
	RCW 18.130.175			
	WAC 246-840-750 through 246-840-780;			
	NCQAC Procedure W04.			
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	Executive Director			
	Nursing Care Quality Assurance Commiss	on		
Effective Date:	March 8, 2019	Date Review	ved: Ma	rch 2019
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Approved:	U			
	Tracy Rude, LPN			
	Chair			
	Nursing Care Quality Assurance Commission			

PURPOSE:

Describe the process, personnel, and actions associated with Substance Use Disorder (SUD) evaluations used by the Washington Health Professional Services (WHPS) program.

PROCEDURE:

I. SUD Evaluation Referrals

- A. A WHPS case manager will provide the nurse with at least three evaluation referrals, ensuring the nurse has a role in their choice of SUD evaluation services.
- B. The nurse must complete Release of Information authorization(s) with both WHPS and the evaluating service/provider.
- C. WHPS reserves the right to require higher-level evaluations (e.g., addictions specialist, mental health evaluations, and pain management).
- D. WHPS accepts evaluations by Division of Social and Health Services (DSHS) certified services as described in Section II of this procedure. WHPS will make appropriate exceptions for nurses residing in another state.

Note: DSHS certified services found in the Directory of Certified Mental Health, Substance Use Disorder, and Problem and Pathological Gambling Services.

- E. Evaluations should adhere to the format contained in this procedure. Adherence to the evaluation format provides thorough, consistent evaluations and recommendations for treatment.
- F. If the nurse completed an acceptable evaluation prior to contacting WHPS, the nurse may request that the SUD evaluator send a copy of the evaluation and treatment recommendations to WHPS. Acceptable evaluations must have occurred within the previous 90 days and meet all WHPS requirements.
- G. A case manager will notify the WHPS Director of any concerns involving the quality of evaluation services.

II. Evaluator Requirements

- A. Evaluations must be conducted by a:
 - 1. Chemical Dependency Professional (CDP). WHPS will not accept evaluations by a Chemical Dependency Professional Trainee (CDPT).
 - 2. M.D. or D.O. Addiction Specialist.
 - 3. WHPS-approved licensed evaluator with expertise in substance use disorder, including a Psychologist, Marriage and Family Therapist, Clinical Social Worker, Mental Health Counselor, or Advanced Registered Nurse Practitioner. WHPS may require evaluators in these categories to provide a copy of their curriculum vitae.

III. Intake Evaluation Requirements

- A. The evaluator shall:
 - 1. Complete a bio-psychosocial history.
 - 2. Use at least two chemical dependency screening tools, i.e., SASSI, MAST, CAGE, and DAST). The SASSI is preferred but not required.
 - 3. Provide written verification of a review of the nurse's license history using the Department of Health's website for Provider Credential Search.
 - 4. Review driving abstract, provided by the nurse at the time of the evaluation.
 - 5. Review criminal history report, provided by the nurse at the time of the evaluation.
 - 6. Collect an observed, baseline urine drug screen, including EtG. WHPS may require additional testing.
- B. Evaluation reports must include at a minimum:
 - 1. Complete Bio/Psychosocial history of nurse.
 - 2. Current Diagnostic and Statistical Manual of Mental Disorders (DSM 5) diagnosis and justification.
 - 3. Six Dimensions of ASAM Criteria and level of care treatment recommendations per current American Society of Addiction Medicine (ASAM) Patient Placement Criteria; other recommendations such as mental health evaluations and pain management evaluations.
 - 4. Results of the urine drug testing.
 - 5. Professional opinion regarding safety to practice.
 - 6. List of collateral information.
 - 7. Any additional pertinent information.
- C. If the nurse does not fully and clearly disclose all circumstances relevant to the purpose of the evaluation and/or provides contradictory statements to WHPS or the evaluator, WHPS will void the evaluation.

IV. Second Evaluation

- A. If WHPS or the nurse disagrees with the evaluation or if the evaluation does not reflect the seriousness of events, either may request a second evaluation. The following conditions apply:
 - 1. The secondary SUD evaluator must conduct the evaluation in accordance with this procedure and timelines established by WHPS.
 - 2. The nurse must authorize release of information between each evaluation service (allowing services to communicate with each other regarding all aspects of their evaluations) and WHPS.
 - 3. The WHPS Medical Director will review all second evaluations.
- B. If there is a disagreement between the evaluations, WHPS will make the final monitoring and treatment decision based on all available information.

V. Treatment

- A. Nurses must comply with all treatment recommendations contained in the evaluation report.
- B. The case manager will contact the treatment service by letter or telephone to introduce themselves and ensure the nurse enters into the appropriate level of treatment.
- C. Treatment services will submit reports to WHPS monthly, and include safety to practice concerns and any recommendations for additional SUD evaluation or assessment for pain management, mental health, or other issues.