Department of Health Nursing Care Quality Assurance Commission

Advisory Opinion

The Nursing Care Quality Assurance Commission (NCQAC) issues this advisory opinion in accordance with WAC 246-840-800. An advisory opinion adopted by the NCQAC is an official opinion about safe nursing practice. The opinion is not legally binding and does not have the force and effect of a duly promulgated regulation or a declaratory ruling by the NCQAC. Institutional policies may restrict practice further in their setting and/or require additional expectations to assure the safety of their patient and/or decrease risk.

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Title:	Administration of Cannabis/Marijuana Products in School Settings: Kindergarten-Twelve (K-12) Grades, Public and Private Schools
References:	RCW 18.79 Nursing Care (Commonly Known as the Nurse Practice Act) 28A.210 Health - Screening and Requirements RCW 69.51 Medical Cannabis RCW 69.50: Uniform Controlled Substance Act Substitute House Bill 1095: Medical Marijuana-Administration to Students WAC 246-840 Practical and Registered Nursing RN and LPN Scope of Practice Advisory Opinion
Contact:	Deborah Carlson, MSN, RN Director of Nursing Practice
Phone:	360-236-4703
Email:	NursingPractice@doh.wa.gov
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Conclusion Statement

The purpose of this advisory opinion is to clarify the scope of practice of the registered nurse (RN) and licensed practical nurse LPN) in administering Food and Drug Administration (FDA)-approved prescription cannabis/marijuana-derived products in schools. It is within the scope of the RN or LPN to administer FDA-approved prescription cannabis/marijuana-derived products in schools. It is not within the scope of the RN or LPN to administer medically authorized marijuana-infused products in school settings, public and private schools, grades K-12.

Background and Analysis

The Nursing Care Quality Assurance Commission received a request from the Office of the Superintendent of Public Instruction (OSPI) to clarify the nursing scope of practice related to RCW 28.210.325, which allows parents to give medically authorized marijuana-infused products to their child in the school setting. The OSPI requested clarification of the nursing scope of practice as follows:

- Identify the roles and responsibilities for administering medical marijuana products, validating medical marijuana authorizations, evaluating the student's response to the product, providing emergency care, nursing documentation requirements, and storage and handling.
- Whether the nurse can administer, or delegate to assistive personnel to administer, an FDA-approved drug, containing cannabidiol. Epidiolex® is a prescriptive oral medicine containing cannabidiol used for treatment of rare seizure disorders. In September 2018, the DEA removed Epidiolex® from Schedule V controlled substances. The Washington State Pharmacy Quality Assurance Commission adopted emergency rules on May 20, 2020 to remove Epidiolex® from Schedule V controlled substances WAC 246-887-180 to align with federal law.

Key points include:

- RCW 69.50.101 defines marijuana-infused products as products that contain marijuana or marijuana extracts, are intended for human use, and are derived from marijuana as defined in law, and have a tetrahydrocannabinol (THC) concentration no greater than ten percent. It does not include useable marijuana or marijuana concentrates.
- RCW 69.50: Uniform Controlled Substance Act, RCW 18.79 Nursing Care and WAC 246-840 Practical and Registered Nursing allow the registered nurse and licensed practical nurse to administer prescribed legend drugs under the direction of a qualified health care practitioner.
- RCW 69.51A.010 states that an authorization to use medical marijuana is not considered a prescription. Nurses may not administer, or delegate to assistive personnel to administer, authorized medical marijuana. Note: Licensed health care providers in Washington may provide an "authorization" to their patients to consume medical marijuana; this is not a "prescription" because marijuana is still a Schedule I drug under federal law.
- The new law does not include any provision for a parent-designated adult to administer authorized or prescribed marijuana products in the school setting. Only a parent or guardian can administer "authorized" marijuana-infused products. A nurse can only administer or delegate administration of those types of prescription or over-the-counter drugs specifically allowed under the school laws (<u>Title 28A RCW</u>), the Nurse Practice Act (Chapter 18.79 RCW), or other state or federal laws.
- <u>WAC 246-840-700</u> requires nurses to communicate changes in status in a time period consistent with care needs to the appropriate members of the health care team. This includes written documentation. Nurses must document nursing care given and response to the care.

Recommendations

The commission recommends the following:

- Refer to the <u>RN and LPN Scope of Practice Advisory Opinion</u> for an overview of nursing scope of practice.
- Use the Scope of Practice Decision Tree to help in the decision-making process.
- Follow the National Association of School Nurses (NASN) Cannabis/Marijuana Position Brief.
- Nurses, schools, and school districts should consult with legal consul as necessary.

Prescription Cannabis/Marijuana Drived Products

The commission determines:

• It <u>is</u> within the scope of practice of the trained and competent RN or LPN to administer FDA-approved prescriptive cannabidiol products (such as <u>Epidiolex®</u>) to students in schools governed by <u>Title 28A RCW</u> under the direction of a qualified health care practitioner with prescriptive authority.

Authorized Medical Cannabis/Marijuana Products

The commission determines:

- It is <u>not</u> within the nursing scope of practice to administer or delegate to assistive
 personnel to administer or give authorized medical marijuana/cannabis products or
 marijuana-infused products.
- It is <u>not</u> within the nursing scope of practice to provide storage and handling of authorized medical marijuana/cannabis products or marijuana-infused products.
- It is <u>not</u> within the scope of practice of a nurse or of assistive personnel to act as a parentdesignated adult to administer authorized medical marijuana/cannabis products or marijuana-infused products.
- The laws and rules do not prohibit a nurse from validating medical marijuana authorizations.
- The nurse must communicate changes in a student's condition to members of the health care team.
- The nurse must document assessments, observations, care given, and response to care. The commission recommends keeping a record of when parents give authorized medical marijuana-infused products to their child.
- It is expected the nurse will give emergency care and first aid as necessary.

Conclusion

The commission determines it is within the scope of practice of a nurse to administer Epidiolex®, or other FDA-approved prescription marijuana/cannabidiol-derived products. The

commission determines it is not within the scope of practice for a nurse to administer or delegate to assistive personnel to administer or give authorized medical marijuana or marijuana-infused products to students at schools governed by <u>Title 28A RCW</u>.

References

American Cannabis Nurses Association: https://cannabisnurses.org/

American Journal of Nursing – Medical Marijuana – A Hazy State of Affairs for Nurses: https://journals.lww.com/ajnonline/Fulltext/2014/08000/Medical Marijuana A Hazy State of Lagrange of

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GreenwichTM Biosciences, Inc.: Epidiolex®: https://www.epidiolex.com/

Journal of Nursing Regulation: The National Council State Boards of Nursing Guidelines for Medical Marijuana: https://www.journalofnursingregulation.com/article/S2155-8256(18)30082-6/fulltext

National Association of School Nurses – Cannabis/Marijuana Position Brief: https://www.nasn.org/nasn/advocacy/professional-practice-documents/positionbriefs/pb-cannabis

National Association of School Nurses – Medicinal Use of Marijuana – What School Nurses Need to Know: https://journals.sagepub.com/doi/full/10.1177/1942602X16638815

Washington State Department of Health Medical Marijuana Healthcare Practitioner Information Website:

 $\underline{https://www.doh.wa.gov/YouandYourFamily/Marijuana/MedicalMarijuana/HealthcarePractition} \underline{ers}$